

EARLY HEAD START

Our Early Head Start Program (EHS) is a home-based program which provides individualized services to Sacramento County families with children ages 0-3 years and pregnant women. Services include weekly home visits with an early childhood educator, developmental activities, family goal-planning, following up with children's health and nutrition, connecting families to community resources and twice a month free socialization activities in different community locations.



916-226-2725



www.riveroak.org



**Fruitridge Community
Collaborative**
4625 44th St.
Sacramento CA, 95820



River Oak
Center for Children

**Oak Park
River Oak Family
Resource Center**



SACRAMENTO
COUNTY



**Early
Head Start**

*Birth
& Beyond*



AmeriCorps

**CALIFORNIA
VOLUNTEERS**



THE SACRAMENTO CITY UNIFIED DISTRICT IS NOT A SPONSOR, ENDORSER, OR OTHERWISE ASSOCIATED WITH ABOVE.
PERMIT NUMBER A-325

BIRTH AND BEYOND FAMILY RESOURCE CENTER

Our Birth & Beyond Family Resource Center provides free services to families with children 0-17 years.

We offer:

- [Different monthly court approved parenting classes](#)
- [Parent and child bonding classes](#)
- [Support groups](#)
- [Family Night Events and Socializations](#)
- [Safe Sleep Baby](#)
- [Crisis Nursery](#)
- [and so much more!](#)

BIRTH AND BEYOND QR CODE



FAMILY SUPPORT NAVIGATOR

Our Family Support Navigator provides direct support by providing resources and referrals for anyone who specifically experienced hardships from Covid.

HOME VISITATION

Our Birth & Beyond Home Visitation Program provides a free, weekly in-home visit that strengthens families, promotes growth, connect families to resources, expands parent/caregiver's knowledge and skills to nurture a child's healthy development using the Parents as Teachers curriculum.



INTERVENTION SPECIALIST

Our Intervention Specialist assists families by connecting them to resources in the community, such as: employment, housing, utility assistance, child car, food, and more legal resources.

NEIGHBORHOOD NAVIGATOR

Our Neighborhood Navigator primarily supports the African American community through resources and with culturally responsive parenting class. All provided supports will help families achieve goals and learn about other community resources through networking.

River Oak Center for Children Early
Head Start

