



River Oak
Center for Children

River Oak Center for Children Flexible Integrated Treatment (FIT)

AFTER HOURS ON-CALL SYSTEM

Our program offers a 24-hour On-Call System provided by **The Source Sacramento**, designed to support you in difficult situations that happen after regular office hours and on weekends and holidays.

During regular office hours (Monday – Friday, 8:30 am – 5 pm) please call your River Oak team members (Clinician, Skills Trainer, Advocate) directly. For psychiatric medication needs during regular office hours, please call our Medical Assistant at (916) 609-4943.

To cancel or re-schedule an appointment after office hours, please leave a message with your team members or call our main line at (916) 609-5100.

For difficult situations please see your River Oak Safety Plan, and for additional support and assistance after office hours, please see resources below.

Life Threatening Situations/Emergencies

Call **911**

Non-life-threatening situations after office hours contact: The Source Sacramento

Call or Text 916-787-7678 or 916-SUPPORT

Or Chat <https://thesourcesacramento.com>

Contact **The Source** in situations like these:

- Urgent situations with emotions or behaviors
- Suicidal thoughts or behaviors
- Self-harm thoughts or behaviors
- Family conflict
- Situations identified in your safety plan (see safety plan)
- A situation you do not know how to handle and for which you need urgent after-hours support

The Source does not replace sheriff, ambulance, paramedics or fire department emergency response teams. **Call 911.**

RIVER OAK CENTER FOR CHILDREN

• Sacramento • Elk Grove • 916.609.5100 • Fax 916.609.5160 • www.riveroak.org