

## Mission Statement

River Oak Center for Children helps children and youth who need support, coaching, and treatment to thrive at school, at home, and in the community. Through innovative and evidence-based programs, River Oak strengthens children, youth and families to manage life's challenges and achieve their full potential.

## Our Guiding Principles

- Parents want what's best for their children.
- Families deserve our respect, caring and understanding.
- Children deserve to be nurtured, have their needs met and to be successful.
- People are important so good systems connect people, resources and opportunities.

## Accreditation

Established in 1966. Awarded Gold Seal of Approval™ by the Joint Commission on Accreditation of Healthcare Organizations.

## Contact Us

### Administrative Offices

5445 Laurel Hills Drive  
Sacramento, CA 95841

**P:** (916) 609-5100 | **F:** (916) 609-5160

### River Oak South

9412 Big Horn Blvd., Suite 6  
Elk Grove, CA 95758

**P:** (916) 609-5100 | **F:** (916) 226-2804

### Family Resource Center

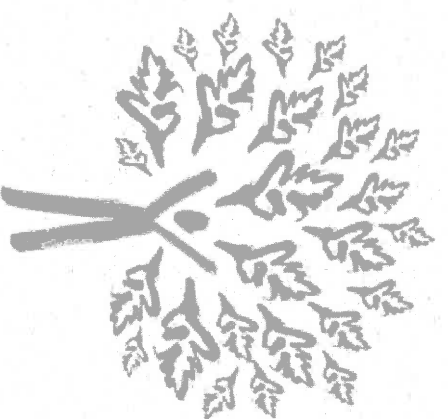
Fruit Ridge Community Collaborative  
4625 44th St., Room 36  
Sacramento, CA 95820

**P:** (916) 244-5800 | **F:** (916) 244-5841

### Youth Advocate Contact:

Family and Youth Support  
Program Manager  
(916) 609-5100

[www.riveroak.org](http://www.riveroak.org)



**River Oak**  
Center for Children

Proven Programs,  
Sound Delivery,  
Healthy Communities



**Family & Youth  
Advocates**

*River Oak Center for Children complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.*

*In collaboration with Sacramento County Department of Health and Human Services Division of Behavioral Health Services.*

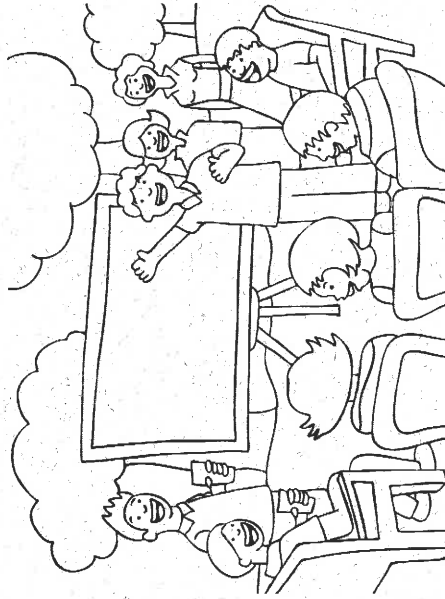
## Family Advocates

Family Advocates have personal experience as a parent or primary caregiver of a child with complex needs. Their role is to ensure families, youth and children have voice and choice in the services they receive. Family Advocates provide assistance, support and insight in educating families on the process of navigating through multifaceted systems of care, such as special education and mental health.

Family Advocate Services are available to all parents and caregivers who have a child receiving services at River Oak. You are welcome to contact a Family Advocate at any time during your child's treatment. You may also ask your child's clinical team for the contact information of the Family Advocate assigned to his or her specific program.

## Family & Youth Advocate Team Mission

Our goal is to work with professionals to improve the mental health system for children, youth and families making certain the family and youth's voice is not only heard but respected. We provide support, hope and understanding.



## Youth Advocates

The Youth Advocate adds an insightful perspective and is able to identify with the stressors many of our youth in care experience because they all have lived experience navigating systems of care as teens themselves. The Youth Advocate can provide support and practical information as well as inspire hope. Youth Advocates can help transition age youth develop skills toward building self confidence and independence by learning to advocate for themselves.

Youth Advocates are available to all youth 12 years of age or older receiving services at River Oak. You may request a Youth Advocate by contacting the Family and Youth Support Program Manager below or ask your primary clinician to assist with the referral.

