



**River Oak**  
Center for Children



# Familv Resource Center EVENT CALENDAR

## December/ Diciembre 2018



Monthly MAA Topic: Healthy Eating

LOCATED AT:

Fruit Ridge Community Collaborative

4625 44th St., Rm 36

Sacramento, CA 95820

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Registration is <b>REQUIRED</b> for ALL FRC classes & events Call (916) 226-2725 to register.	3  Teen Success 4:00pm to 7:15pm	4 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm	5 Creative Creations/ Creaciones Creativas 9:30am-11:00am  NPP- School Age- (3) English 1:00pm-3:00pm	6	7 Little Explorers/Pequeños (0-5) Exploradores 10:00am- 11:00am  NPP- School Age- (4) English 1:00pm-3:00pm	8
9 <u>Please be on time for all classes. We have a ten minutes policy. IF you arrive after the ten minutes you will NOT be Admitted into the class.</u>	10  Teen Success 4:00pm to 7:15pm	11 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm	12 NPP- School Age- (5) English 1:00pm-3:00pm	13	14 NPP- School Age- (6) English 1:00pm-3:00pm Adventure & Discovery Club/ Club de Aventuras y descubrimiento (6+)  4:15pm-5:30pm	15
16 <u>Por favor, sea puntual para todas las clases. Tenemos una política de diez minutos. Si llega después de los diez minutos NO sera admitido/a a la clase.</u>	17  Teen Success 4:00pm to 7:15pm	18 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm	19 NPP- School Age- (7) English 1:00pm-3:00pm  Safe Sleep Baby 5:00pm-6:30pm	20	21 Imagination Station/ Estacion de la imaginacion @FRC 10:00am-11:00am (0-5)  NPP- School Age- (8) English 1:00pm-3:00pm	22
23	24 FRC Closed/ Cerrado  	25 FRC Closed/ Cerrado  	26	27	28 Circle Time (0-5) 10:00am- 11:00am NPP- School Age- (10) English 1:00pm-3:00pm Adventure & Discovery Club/ Club de Aventuras y descubrimiento (6+) 4:15pm- 5:30pm	29
30	31  Teen Success 4:00pm to 7:15pm					

**Nurturing Parenting Program Infant Toddler Preschool (NPP-ITP), Nurturing Parenting Program School Age (NPP-SA), Making Parenting a Pleasure (MPAP), NPP Fathers (Fathers Inc.):** These Parenting Workshops are recognized by Sacramento County Child Protective Services as approved parenting classes for parents with children ages zero (pregnant) to 17-years-old. They are great ways to bond with other parents in the community and form a support network in your neighborhood!

**Consolidando el Programa de Crianza de los Hijos (NPP), Haga de la Paternidad Un Placer (MPAP), NPP padres (Padres Inc.):**El Programa de Crianza Para Padres y Haga de la Paternidad son reconocidos por los servicios de protección infantil Condado Sacramento aprobado clases para padres para padres con hijos edades (embarazada) de cero a 5 años de edad

**Creative Creations/Creaciones Creativas:** Come every first Wednesday of the month and enjoy a wonderful experience and relieve stress while creating incredible creations from crafts and explore the infinite possibilities of creativity! Children will not be permitted, daycare will be provided.

Ven cada primer Miercoles del mes y disfruta la divina experiencia y destresate y a la misma vez creando increíbles creaciones haciendo manualidades y explora las infinitas posibilidades. Niños no estan permitidos en la clase, tendremos cuidado de niños.

**Little Explorers/ Pequeños Exploradores:** Join us for more school readiness learning and fun in our new math and science workshop! Come with your family to read, play, and discover how easy it is to learn math and science from the world around us!

¡Vengan con nosotros para recibir más preparación escolar y diversión en nuestro nuevo taller de ciencia y matemáticas! ¡Venga con su familia a leer, jugar, y descubrir lo fácil que es aprender matemáticas y ciencias del mundo que nos rodea!

\*Koj puas paub tias koj yuav pauv tau koj lub neej yog koj kawm leb thiab science thaum koj tseem yau? Txawm tsis txawj leb thiab science los peb mam li pab qhia koj thiab koj tus menyuum kawm me ntsis zuj zus. Tuaj nrog koj tus menyuum nyeev ntawv, ua si, thiab kawm leb thiab science ua ke.

**Imagination Station/Estación de la Imaginación:**

\*Join us for this school readiness workshop where you will have the opportunity to spend fun educational time with your little one! Come read, play, sing, and dance and make crafts that help promote early education for your child!

\*Únase a nosotros en este taller de preparación escolar donde tendrá la oportunidad de pasar un tiempo educativo y divertido con su pequeño! Venga a leer, jugar, cantar, bailar y hacer manualidades que ayudan a promover la educación temprana para su hijo!

\*Lub hoob qhia ntawm no yog rau nej cov niam txiv tuaj koom nrog nej tus menyuum. Nej yuav muaj sijhawm nyeev ntawv, ua si, hu nkauj, las voos thiab ua crafts kom pab nej tus menyuum kawm tau ntawv zoo.

**Adventure & Discovery Club/ Club de Aventuras y descubrimiento (formly known as Study Jam/ Estacion Jam –**

\*Families with school aged children (6 and over), please join us for educational activities, snacks, and fun.

\*\* Familias con niños en edad escolar (de 6 años en adelante), participen con nosotros para actividades educativas, comida y diversión.

**\*SAFE SLEEP BABY—**

Class to educate parents and other caregivers about safe sleep practices to help reduce the risk of Sudden Infant Death Syndrome (SIDS) and other sleep related causes of infant death.

# RIVER OAK CENTER FOR CHILDREN

## Birth & Beyond

## Family Resource Center

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Fruit Ridge Community Collaborative  
4625 44th St., Room 36  
Sacramento, CA 95820**

**Call 916-226-2725 to register for classes and receive more information.**