



River Oak
Center for Children



Family Resource Center EVENT CALENDAR

October/Octubre 2018

Monthly MAA Topic: Sudden Infant Death /Syndrome

LOCATED AT:
Fruit Ridge Community Collaborative
4625 44th St., Rm 36
Sacramento, CA 95820

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NPP ITP (4)– English 9:30am-11:30am	2 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm MPAP (7)– English	3 NPP ITP (5)– English 9:30am-11:30am	4 MPAP (8)– English 9:30am-11:30am Clase de Nutrición 1:00pm-2:00pm	5 Little Explorers/Pequeños (0-5) Exploradores 10:00am– 11:00am	6
7 Registration is REQUIRED for ALL FRC classes & events Call (916) 226-2725 to register.	8 NPP ITP (6)– English 9:30am-11:30am	9 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm MPAP (9)– English 9:30am-11:30am	10 Creative Creations/ Creaciones Creativas 9:30am-11:00am NPP ITP (7)– English 9:30am-11:30am	11 MPAP (10)– English 9:30am-11:30am Clase de Nutrición 1:00pm-2:00pm	12 Adventure & Discovery Club/ Club de Aventuras y descubrimiento (6+) 4:00pm-5:30pm	13
14	15 NPP ITP (8)– English 9:30am-11:30am	16 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm MPAP (11)– English 9:30am-11:30am	17 NPP ITP (9)– English 9:30am-11:30am	18 MPAP (12, 13)– English 9:30am-11:30am Clase de Nutrición 1:00pm-2:00pm	19 Imagination Station/ Estacion de la imaginacion @FRC 10:00am-11:00am (0-5)	20
21	22 NPP ITP (10)– English 9:30am-11:30am	23 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm	24 NPP ITP (11)– English 9:30am-11:30am Safe Sleep Baby 5:00pm– 6:30pm	25 Clase de Nutrición 1:00pm-2:00pm	26 Circle Time 10:00am-11:00am (0-5) Adventure & Discovery Club/ Club de Aventuras y descubrimiento 4:00pm-5:30pm (6+)	27
28	29 NPP ITP (12)– English 9:30am-11:30am	30 WEAVE Individual Counseling/Consejería Individual 8:30am-5:00pm	31 NPP ITP (13)– English 9:30am-11:30am Fruit Ridge Community Collaborative : Hosts TRUNK OR TREAT 3:00pm– 6:00pm Open to Community	<p>Key : Classes in GREY– NEW PARENTING WORKSHOP (OPEN) CLASSES IN GREEN– CLOSED SORRY WE CANNOT ACCEPT NEW PARTICIPANTS CLASS IN PURPLE _ INDIVIDUAL COUNSELING (WEAVE) CLASSES IN BLUE -EARLY LITERACY/ 0-5) CLASSES IN BLACK– 6+ PARENT CHILD ACTIVITY CLASS CLASSES IN PINK– STRESS RELIEVER– PLAYCARE AVAILABLE</p> <p>CLASES EN GRIS- NUEVO TALLER PARA PADRES (ABIERTO)CLASES EN VERDE– CERRADA LO SENTIMOS NO PODEMOS ACEPTAR NUEVO PARTICIPANTES CLASES EN MORADO– CONSEJERIA INDIVIDUAL (WEAVE)CLASES EN AZUL– PARA FAMILIES CON NIÑOS (0-5)CLASES EN NEGRO– ACTIVIDADES PARA PADRES Y HIJOS (6+)CLASES EN ROSA– CLASES DE AUTO CUIDADO – CUIDADO DE NIÑOS DISPONIBLE</p>		

Nurturing Parenting Program Infant Toddler Preschool (NPP-ITP), Nurturing Parenting Program School Age (NPP-SA), Making Parenting a Pleasure (MPAP), NPP Fathers (Fathers Inc.): These Parenting Workshops are recognized by Sacramento County Child Protective Services as approved parenting classes for parents with children ages zero (pregnant) to 17-years-old. They are great ways to bond with other parents in the community and form a support network in your neighborhood!

Consolidando el Programa de Crianza de los Hijos (NPP), Haga de la Paternidad Un Placer (MPAP), NPP padres (Padres Inc.):El Programa de Crianza Para Padres y Haga de la Paternidad son reconocidos por los servicios de protección infantil Condado Sacramento aprobado clases para padres para padres con hijos edades (embarazada) de cero a 5 años de edad

Creative Creations/Creaciones Creativas: Come every first Wednesday of the month and enjoy a wonderful experience and relieve stress while creating incredible creations from crafts and explore the infinite possibilities of creativity! Children will not be permitted, daycare will be provided.

Ven cada primer Miercoles del mes y disfruta la divina experiencia y destresate y a la misma vez creando increíbles creaciones haciendo manualidades y explora las infinitas posibilidades. Niños no estan permitidos en la clase, tendremos cuidado de niños.

Little Explorers/ Pequeños Exploradores: Join us for more school readiness learning and fun in our new math and science workshop! Come with your family to read, play, and discover how easy it is to learn math and science from the world around us!

¡Vengan con nosotros para recibir más preparación escolar y diversión en nuestro nuevo taller de ciencia y matemáticas! ¡Vénga con su familia a leer, jugar, y descubrir lo fácil que es aprender matemáticas y ciencias del mundo que nos rodea!

*Koj puas paub tias koj yuav pauv tau koj lub neej yog koj kawm leb thiab science thaum koj tseem yau? Txawm tsis txawj leb thiab science los peb mam li pab qhia koj thiab koj tus menyuum kawm me ntsis zuj zus. Tuaj nrog koj tus menyuum nyeev ntawv, ua si, thiab kawm leb thiab science ua ke.

Imagination Station/Estación de la Imaginación:

*Join us for this school readiness workshop where you will have the opportunity to spend fun educational time with your little one! Come read, play, sing, and dance and make crafts that help promote early education for your child!

*Únase a nosotros en este taller de preparación escolar donde tendrá la oportunidad de pasar un tiempo educativo y divertido con su pequeño! Venga a leer, jugar, cantar, bailar y hacer manualidades que ayudan a promover la educación temprana para su hijo!

*Lub hoob qhia ntawm no yog rau nej cov niam txiv tuaj koom nrog nej tus menyuum. Nej yuav muaj sijhawm nyeev ntawv, ua si, hu nkauj, las voos thiab ua crafts kom pab nej tus menyuum kawm tau ntawv zoo.

Adventure & Discovery Club/ Club de Aventuras y descubrimiento (formly known as Study Jam/ Estacion Jam –

*Families with school aged children (6 and over), please join us for educational activities, snacks, and fun.

** Familias con niños en edad escolar (de 6 años en adelante), participen con nosotros para actividades educativas, comida y diversión.

***SAFE SLEEP BABY—**

Class to educate parents and other caregivers about safe sleep practices to help reduce the risk of Sudden Infant Death Syndrome (SIDS) and other sleep related causes of infant death.

Truck or Treat- Fruitridge Community Collaborative -Truck or Treating, Games, and Crafts are being offered by organizations in the Collaborative. **NO REGISTRATION NEEDED!** Community Event
Fruitridge Community Collaborative Truck o Tratar Juegos y Artesanías están siendo ofrecidos por organizaciones en la Colaboración. **NO SE NECESITA REGISTRO!** Evento comunitario.

RIVER OAK CENTER FOR CHILDREN

Birth & Beyond

Family Resource Center

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Call 916-226-2725 to register for classes and receive more information.