

Family Resource Center Services

- ☞ *Walk-ins are encouraged*
- ☞ *Programs and services are voluntary*
- ☞ *Community input is essential*



River Oak
Center for Children

In collaboration with:

- ☞ **First 5 Sacramento**
- ☞ **Sacramento County Health & Human Services**
- ☞ **Sacramento County Child & Family Mental Health**
- ☞ **Sacramento City Unified School District**

Contact Information

River Oak Center for Children Family Resource Center

4322 4th Avenue
Sacramento, CA 95817
Phone: (916) 244-5800
Fax: (916) 244-5841

River Oak Center for Children Administrative Offices

5030 El Camino Avenue
Carmichael, CA 95608
Phone: (916) 609-5100
Fax: (916) 609-5160
Website: www.riveroak.org



*Free to families with children
6 months or younger*

Differential Response:

A community approach to supporting families and protecting children.
Sacramento County Child Protective Services

Strengthening Our Community



River Oak
Center for Children

Family Resource Center

**Community Building
Services and Supports**



**Voluntary Services Free
to the Community**

Building Communities by Supporting Families

The River Oak Family Resource Center (FRC) is a neighborhood-based center that believes all families need occasional support, information, and services to overcome challenges in life and provide better opportunities for their children.



The River Oak FRC provides an open door that is easily accessible to the community. If you have questions about where to find a needed resource; recreational activities for yourself, a child or youth; workshops on how to parent a child with challenging behaviors; a foster parent; a relative who is raising a child; if you need to improve child safety in your home; or if you need an ongoing relationship to walk with you through family challenges, then the River Oak FRC can help!

Who are We?

The River Oak FRC is staffed with wonderful caring people who are trained to provide information, case management, crisis intervention, home visitation, workshops, school readiness services/resources, recreational activities, cultural events, community leadership development for adults and youth, and job search support.



River Oak staff reflect the culture of the community and provide services in many languages.

Our commitment to you is to personalize every experience you have at the River Oak FRC and lift your spirits while we support your journey to personal and community betterment.

Strong families make strong communities

Core Services

- ☑ Home Visitation
- ☑ Parenting Workshops
- ☑ Making Parenting a Pleasure, “a court-approved parenting class”
- ☑ Case Management
- ☑ Information and Referrals
- ☑ Child and Adult Education Resources
- ☑ Cal Works Assistance
- ☑ Crisis Support
- ☑ Child Development Groups



Comprehensive Services

- ☑ Dad's Groups
- ☑ Youth Development Programs
- ☑ Parent Leadership Development
- ☑ Alcohol and Drug Services
- ☑ Child and Adult Wellness and Recovery Support
- ☑ SCUSD School Readiness Services